



I WAS NOT FEELING WELL, WHEN CAN I RETURN TO PLAY?

Did you get tested for COVID-19?

YES

NO

REPORT that you are getting tested at <https://tinyurl.com/pacnw-covid-reporting> or email concerns@pacnwsc.org

What was the test result?

Did you go to a doctor?

NEGATIVE

POSITIVE

YES

NO

Notify PacNW of the negative test result

FOLLOW THE DIRECTIONS OF YOUR PHYSICIAN.
Player may not return to play until 10 days from onset of symptoms **AND** 3 days symptom free.
If asymptomatic, player may return 10 days from date of positive test.
CLEARANCE TO RETURN MUST BE RECEIVED FROM PACNW**

Did the doctor attribute the symptoms to a condition unrelated to COVID-19?

NO

YES

You must obtain a doctor's note clearing you to participate in PacNW activities.

Email Jeff Hemmen at concerns@pacnwsc.org Attach doctors note if required.

Go to <https://tinyurl.com/pacnw-covid-reporting> and enter in the following information:

1. Name
2. Email
3. Team
4. Date of first symptoms
5. Date symptoms resolved (first date with no symptoms)

... And email **Jeff Hemmen** at concerns@pacnwsc.org and include the info above.

Once received, Jeff Hemmen or Kaelen Aramaki will email you, your coach, and your director the date you can return to play.

**** You may not return to play until you receive a Return to Play date from PacNW.**