

CAN I CONTINUE TO PLAY?

ARE YOU EXPERIENCING SYMPTOMS OF COVID-19

This symptom list is not complete. For CDC's current list, go to <https://tinyurl.com/COVID-19-symptoms-list>

FEVER OR CHILLS
COUGH
SHORTNESS OF BREATH
FATIGUE

MUSCLE OR BODY ACHES
HEADACHES
NEW LOSS OF TASTE OR SMELL
SORE THROAT

CONGESTION OR RUNNY NOSE
NAUSEA OR VOMITING
DIARRHEA

YES

NO

Are these symptoms attributed to another condition?

e.g. seasonal allergies or preexisting asthma condition

YES

NO

STAY HOME. YOU MAY NOT PARTICIPATE IN PacNW ACTIVITIES

- 1 Contact your physician for guidance.
- 2 Contact your coach that you are not well and are staying home.
- 3 Report symptoms and pertinent info to PacNW by filling out the online form at

<https://tinyurl.com/pacnw-covid-reporting>

OR email concerns@pacnwsc.org

BE HONEST WHEN EVALUATING YOUR SYMPTOMS!

YOU MAY PARTICIPATE IN PacNW ACTIVITIES

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